



## Margaret Slocum Lesson Plan

School Counselor:	Middle School Counselors
Lesson Plan Title:	Filtered and Unfiltered (Internet Safety Series: Lesson 1)
	Single Classroom Lesson ✓ Unit of Classroom Lessons: Lesson 1 of 4 Small-Group Session Lessons: Lesson ____ of ____
Target Audience:	7th and 8th Grade

### Evidence Base:

- ✓ Best Practice (*commonly used and believed to be of high quality*)
- ✓ Action Research (*individual investigates own practice to improve content/delivery*)
- Research-Informed (*a review of research provides foundation for content/delivery*)
- Evidence-Based (*highest level of evidence, results published in peer-reviewed journal*)

ASCA Student Standards Targeted:		Student Learning Objectives:
Identify 1–2 student standards relevant for this targeted group and goal: ( <i>Best practice = select one</i> )		For each of the selected student standards, write or select 1–2 learning objectives
M&B#	Mindsets & Behaviors Statement	Student Learning Objectives
M 1	Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being	Student(s) will: develop a sense of self worth that is independent of online perceptions.

### Materials:

- Word cloud generator
- Videos
- Pencils
- Handouts: Filtered Selfie, True Selfie

Describe how you will:	
Introduce Lesson Topic/Focus:	Pull up a word cloud generator like <a href="#">Mentimeter</a> and ask students to enter words that describe themselves, positive and negative, to make a word cloud. Discuss words that show up often - insecure, fancy, sassy, etc. Have two or three students share why they chose those words. Was it easier to say words about yourself knowing you're anonymous?
Communicate the Lesson Objective:	As we all saw - we are a mix of things we're proud of and things we might wish were different. What we present online is usually a filtered version of ourselves.
Teach Content:	<a href="#">Show Teen Voices: Presenting Yourself Online.</a>
Practice Content:	Use your first handout to create your filtered selfie - create an online profile that you'd share with us in the room. Show Netflix clip ( <a href="#">THE SOCIAL DILEMMA 38:12- 39:06</a> ). Use the second handout to create your unfiltered selfie - create a profile that describes the version you'd share only with yourself, or trusted friends or family.
Summarize/Close:	None of us are perfect, but the images we present online may seem perfect. We can choose what picture we present, but we should remember that we all are using filters and that under those filters - we're a word cloud of happiness and sadness, fear and bravery, beauty and ugliness, kindness and cruelty, pride and embarrassment, confidence and timidity.

**Data Collection Plan – For multiple lessons in a unit, complete this section only once for the unit.**

**Participation Data Plan:**

Anticipated number of students:	Whole classroom (20-25)
Planned length of lesson(s):	45 minutes

**ASCA Student Standards Data Plan:**

*For each lesson/unit/small group, school counselors will administer pre-/post-assessment aligned with the selected ASCA Student Standards and student learning objectives.*

Pre-/Post-Assessment items are:

1. Pre- and post-assessment survey administered prior to "Filtered and Unfiltered" Lesson 1 (September) and following lesson 4 (April/May).
2. Brief (2- or 3-question) exit ticket following each lesson.

**Outcome Data Plan: (choose one and describe specific data point to compare)**

- ✓ Achievement (describe):
- ✓ Attendance (describe):
- ✓ Discipline (describe): Technology offenses will decrease from 50 to 30 or fewer.

#### Follow-Up Plans

*Explain your plan for students who missed the lesson.*

Pull for a small group during lunch or study halls.

*Explain your plan for students who did not demonstrate mastery on the pre-/post-assessment of student standards (M&B)/student learning objectives.* Students whose exit tickets don't demonstrate mastery may be pulled for individual or small-group counseling. Students whose post-assessment **Seventh and Eighth Grade Technology Survey** does not demonstrate mastery will be pulled for individual counseling.